

Indian Dietetic Association – Mysore Chapter
Cordially invites you for a webinar and demonstration to
commemorate International Yoga day



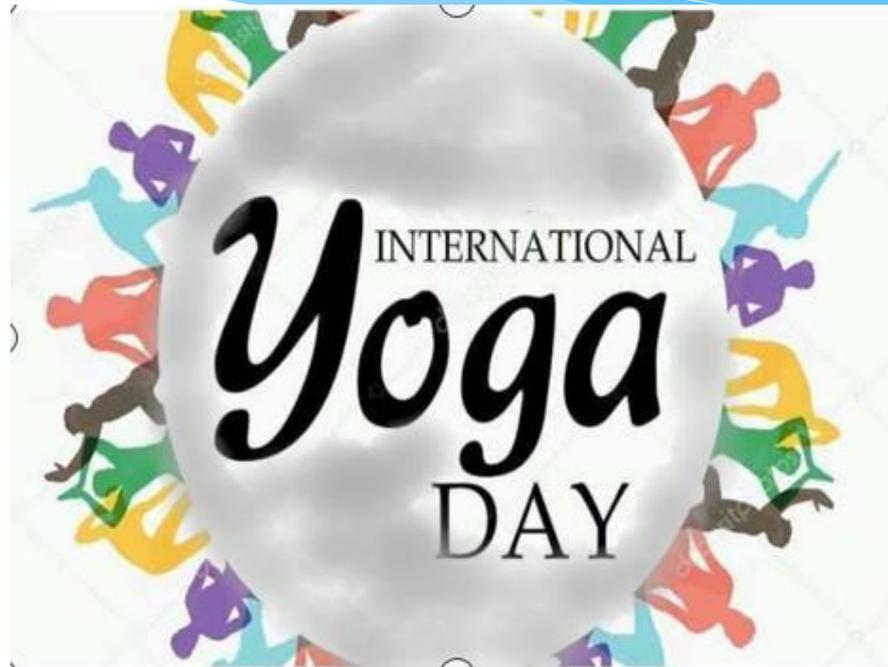
MYSORE CHAPTER

YOGA FOR A HEALTHY LIFESTYLE & WELL BEING



Guest speaker

**Dr. Sujan, Coordinator, Dept
of Yoga, JSS AHER, Mysuru**



Demonstrator

**Mr. Subramanya Bhat, Faculty,
Dept of Yoga, JSS AHER,
Mysuru**



Session moderator

**Dr. Sushma Appaiah,
Convenor, IDA-MC**



Demonstrator

**Ms. Jahnvi V. Madhu
Yoga Teacher,
JSS AHER, Mysuru**

FRIDAY | 25th JUNE 2021 | 3:00 to 4:30PM (IST)



Link for Google Meet: <https://meet.google.com/cvn-jkna-mcp>

Speaker's Introduction

**Dr. Vanitha Reddy,
Secretary, IDA-MC**

All are welcome

Vote of thanks

**Ms. Seema Siddiqi,
Treasurer, IDA-MC**