

No: REG/AUTH/DOY//2021-22

Date:01.06.2021

**Circular**

**Sub:** Department of Yoga, JSS AHER has organized Virtual Yoga session on the Occasion of 7<sup>th</sup> International Day of Yoga (IDY) 2021 from 1<sup>st</sup> June to 21<sup>st</sup> June 2021 - Reg.

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With reference to the above, with the blessings of His Holiness Jagadguru Sri Shivarathri Deshikendra Mahaswamiji, The Chancellor, JSS AHER, Department of Yoga has organized Virtual Yoga session for all teaching, non-teaching staff & students on the eve of 7<sup>th</sup> International Day of Yoga (IDY) 2021 from 1<sup>st</sup> June to 21<sup>st</sup> June 2021.

The Principals & Heads of the University Departments are hereby requested to participate actively and give wide publicity and encourage staff & students to participate.

<b>IDY 2021 theme: "Be with Yoga, Be at Home"</b>	
Join us for <b>Virtual Free Yoga Session</b>	<b>Batches:</b> <b>Morning: 6.30AM &amp; Evening: 4.15PM</b> <b>Days: Monday to Friday</b> <b>From: 1<sup>st</sup> June 2021 to 21<sup>st</sup> June 2021</b>
<b><u>VENUE: Your Home</u></b>	
<b>Participants can also Join Virtually through below link</b> <a href="https://us02web.zoom.us/j/85034747215?pwd=OWVFeVZZeIJHRG1QR3FCWVg4d3BEZz09">https://us02web.zoom.us/j/85034747215?pwd=OWVFeVZZeIJHRG1QR3FCWVg4d3BEZz09</a>	
<b>E- Certificate will be issued for Participation</b>	

**For Further details contact**

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**For Registration: click on google form**

<https://forms.gle/BSx3ShgAApZy9QDh6>

or

**Scan QR Code**



Sd/-  
**REGISTRAR**